

# CTRAC Prevention/Public Education

## Monthly Themes 2022

### January

A HEALTHY NEW YEAR  
COLD SAFETY  
HUMAN TRAFFICKING PREVENTION

### February

HEART HEALTH MONTH  
HANDS ONLY CPR  
BURN AWARENESS

### March

REC VEHICLE SAFETY  
WEATHER SAFETY  
CARFIT  
TBI AWARENESS  
SAFER SLEEP WEEK

### April

WORLD HEALTH DAY – April 7<sup>th</sup>  
CHILD ABUSE AWARENESS  
DRUG/ALCOHOL AWARENESS  
(DWI, DUI, Shattered Dreams, etc.)  
AUTISM AWARENESS  
DONATE LIFE MONTH  
MINORITY HEALTH MONTH

### May

**NATIONAL STOP THE BLEED MONTH**  
TRAUMA MONTH  
NURSES WEEK  
STROKE MONTH  
EMS WEEK  
MENTAL HEALTH MONTH  
NATIONAL WATER SAFETY MONTH

### June

PTSD AWARENESS  
HEAT SAFETY  
DROWNING PREVENTION  
NATIONAL SAFETY MONTH

### July

FIREWORKS SAFETY  
WATER SAFETY  
CORD BLOOD AWARENESS

### August

HEAT SAFETY  
CONCUSSION AWARENESS  
BACK-TO-SCHOOL SAFETY

### September

POISON CONTROL MONTH  
DISASTER PREPAREDNESS  
SUICIDE PREVENTION  
SEPSIS AWARENESS

### October

DOMESTIC VIOLENCE AWARENESS  
FIRE SAFETY  
SUDDEN CARDIAC ARREST  
CYBERTERRORISM AWARENESS  
WORLD MENTAL HEALTH DAY – October 10<sup>th</sup>  
WORLD SWIM DAY – October 24<sup>th</sup>  
**WORLD STROKE DAY – October 29<sup>th</sup>**  
PREGNANCY & INFANT LOSS MONTH  
BREAST CANCER AWARENESS MONTH  
SIDS AWARENESS MONTH  
BULLYING PREVENTION MONTH

### November

PREMATURITY AWARENESS  
FIREARM SAFETY  
SUICIDE SURVIVORS' DAY – November 20  
EYE DONOR MONTH  
NATIONAL DIABETES AWARENESS MONTH

### December

GERIATRIC FALL SAFETY  
ALCOHOL AWARENESS  
STRESS FREE HOLIDAY

Orange denotes regional activity planned.